

Freezer Paper Appliqué

By Cindy McCooy

Cutting the Fabric

A heart is a good practice piece for freezer paper appliqué. It has an inner corner, a point, and curved edges. Trace or draw a heart onto the dull side of the freezer paper.

Lay the freezer paper heart shiny side down on the right side of your chosen fabric, as shown in Figure 1. Press the freezer paper with a hot, dry iron. A brief pressing of two or three seconds will adhere the freezer paper to the fabric.

Cut the fabric about 3/16" larger than the freezer paper heart. Separate the fabric heart from the freezer paper.

Basting

Lay the fabric heart face down on the ironing board. Center the freezer paper heart over the fabric, shiny side up. See Figure 2.

Using the point of your iron, flip the tip of the fabric over the bottom point of the freezer paper, as shown in Figure 3. Start pressing the fabric turn-under allowance over the freezer paper until the fabric adheres to the paper. See Figure 4. Clip the fabric to 1/16" away from the paper at the inner corner, as shown in Figure 4. Continue ironing the turn-under till you are all the way around the heart, as shown in Figure 5. If areas become unbasted while basting an adjacent area (as with small pieces), baste an area and finger press it until it cools; then, when basting the adjacent area, try to avoid ironing over the already-basted areas.

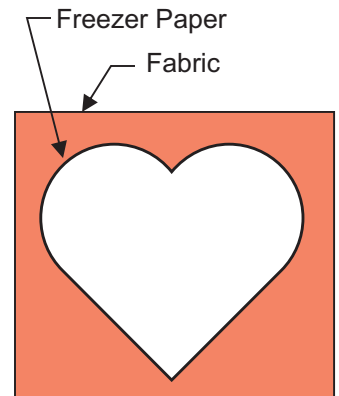


Figure 1

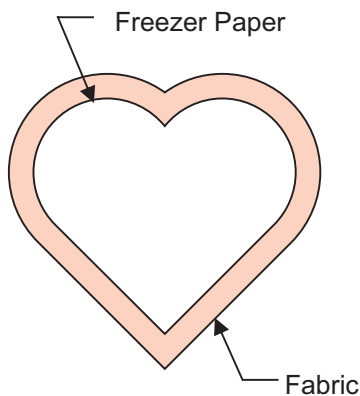


Figure 2

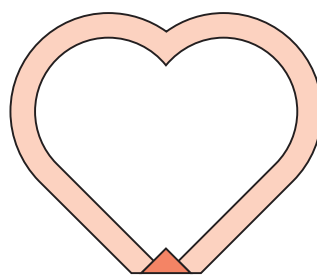


Figure 3

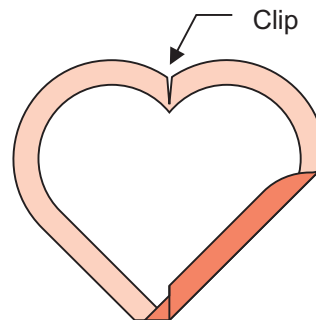


Figure 4

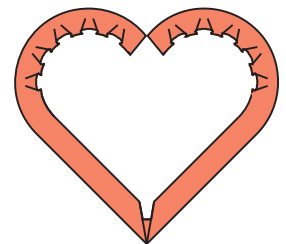


Figure 5

Appliqué

Iron the basted heart, with the paper side down, onto the background fabric. You may need to use a little more time and pressure to make sure it is secure. Very small and very large pieces benefit with basting them by hand, as well. Start to appliqué the piece in place.

There are two ways to remove the freezer paper. With small pieces you can take the paper out the front. Appliqué around the heart till you get about 1" from the starting point, as shown in Figure 6. Take a pair of tweezers and work the freezer paper out. After all the paper has been removed, finish closing the heart.

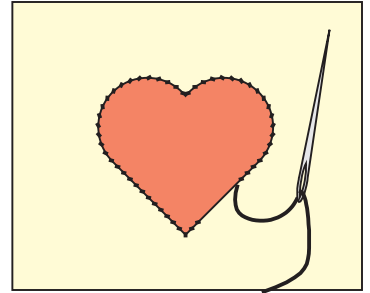


Figure 6

On large pieces, it is best to take the paper out from the back. After you finish appliquéing the heart, turn your fabric over and clip the background fabric and paper on the back, as shown in Figure 7. Be very careful not to cut the fabric heart on the front. Cut out the background fabric and paper, leaving a 1/4" seam. Remove the leftover paper under the seam, as shown in Figure 8.

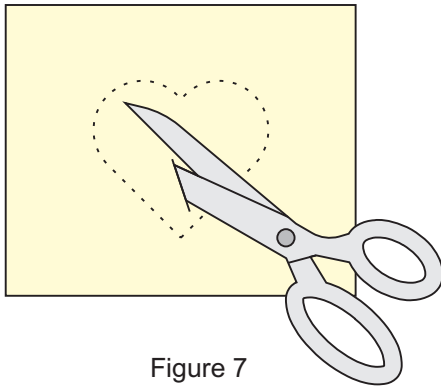


Figure 7

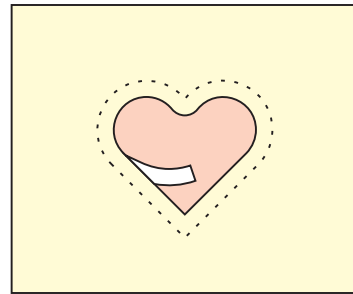


Figure 8

Templates

