

4

*New Projects  
plus  
2 BOMs  
1 Mystery  
1 Workshop*

- \* *Did you check The Kids Upstairs?*
- \* *This quilt is For the Birds.*
- \* *Reach out and touch Plútó.*



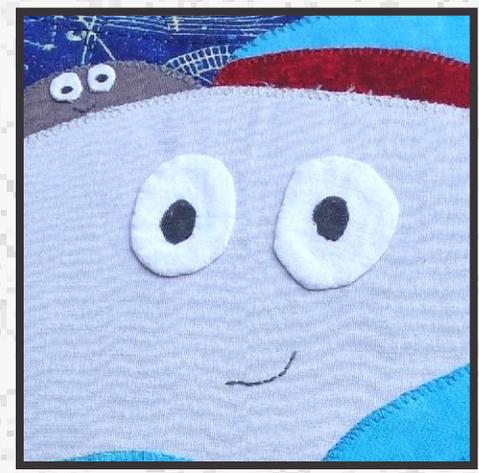
For the Birds



The Kids Upstairs



Easy Peasy Baby Quilt



Plútó Cushion

## A Message from Nancy

For many years, the first week of August would find me in the Boundary Waters Canoe Area, happily canoeing, backpacking, and portaging my way through this wonderful scenic area. While trudging up and down hills between waterways with a 100-pound Duluth pack on my back was not always the easiest task, it was one of those necessities required to enable me to enjoy the peaceful paddle across shimmering waters until we reached the next portage or campsite. Once back on the water, the sound of it lapping at the canoe or seeing it swirling around the paddles could become very hypnotic. The rhythmic and repetitive act of placing the paddle in the water and pulling could lull one into a place of tranquility and contentment.



The focal point of every camp site would be the fire pit. That blaze boiled our drinking water, cooked our food, dried our clothes, and kept us warm. Later in the evenings while gazing into the flames, we became entranced and thoughts of “what is happening in the rest of the world” were often diminished. Peace and solitude allowed for periods of personal reflection.



*Nancy Noah*

Backpacking, portaging, and sleeping on pine needle covered granite bed rock is now behind me. But finding that place of calm and reflection has not eluded me. Now I find it while working with needle, thread, and fabric in making quilts.

There is a peaceful solitude and rhythm when hand quilting that often leads to a time of meditation and reflection. Many a thought and prayer have been lifted while at the frame. There is something hypnotic as I listen to the sound of my sewing machine and move my hands to its cadence while quilting by machine. The repetitive act of chain piecing, turning units into rows, rows into blocks, and blocks into quilts brings satisfaction and a sense of wholeness.

All I need now is a blazing fire pit.

*Nancy*

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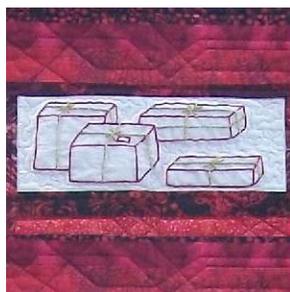
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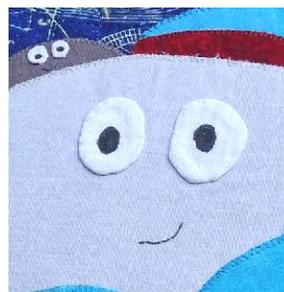
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### Our Commitment to Our Readers and to Quality

Here, at *The Quilt Pattern Magazine*, we are committed to bringing you top-quality patterns that you can depend upon. Our designers are required to have completed their original quilts and to have their patterns tested before submitting them to us. Our team of editors (who are all quilters, too!) then format the patterns (retaining national spellings) and send them out for testing again. Our testers follow the directions from beginning to end, making the entire top (not just a few blocks), including multiple sizes when necessary, to ensure that the materials list, directions, illustrations, and templates are all accurate.

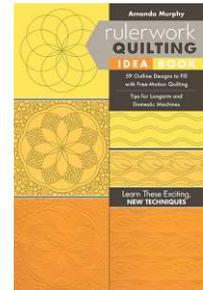
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### Definitions of skill levels:

- **A beginner** must have basic sewing knowledge (including how to use a rotary cutter and the ability to sew a proper seam allowance) and have made at least one quilt.
- **A beginner/intermediate** quilter has more than basic quilting skills and the beginning of intermediate skills.
- **An intermediate** quilter must have made several quilts in either pieced or appliqué styles.
- **An intermediate/advanced** quilter has more than intermediate quilting skills and the beginning of advanced skills.
- **An advanced** quilter will have made many complex quilts.



### Common Abbreviations:

- BA:** Baltimore Album
- BOM:** Block Of The Month
- COC:** Cream On Cream
- EPP:** English Paper Piecing
- FPA:** Freezer Paper Appliqué
- FQ:** Fat Quarter
- HST:** Half Square Triangle
- LOF:** Length Of Fabric
- NS:** No Steam
- OG:** On Grain
- OTB:** On The Bias
- PWF:** PreWashed Fabric
- QST:** Quarter Square Triangle
- RST:** Right Sides Together
- SST:** Side Setting Triangle
- UFO:** UnFinished Object
- WIP:** Works In Progress
- WOF:** Width Of Fabric  
(from selvage to selvage)
- WOW:** White On White

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