

Needle Turn Appliqué with Freezer Paper

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Cutting the Fabric

A heart is a good practice piece for needle turn appliqué. It has an inner corner, a point, and curved edges. Trace or draw a heart onto the dull side of freezer paper.

Lay the freezer paper heart shiny side down on the right side of your chosen fabric, as shown in Figure 1. Press the freezer paper with a hot, dry iron. A brief pressing of two or three seconds will adhere the freezer paper to the fabric.

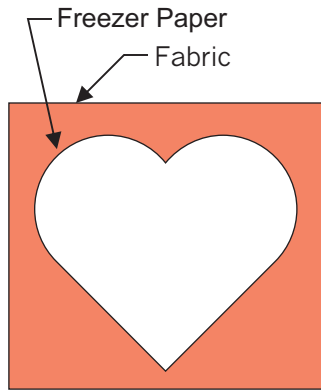


Figure 1

Appliqué

Clip the fabric to 1/16" away from the paper at the inner corner as shown in Figure 3.

Pin the heart with the paper onto the background fabric. Tuck the fabric under, using the freezer paper as a guide. Start to appliqué the heart in place. See Figure 4.

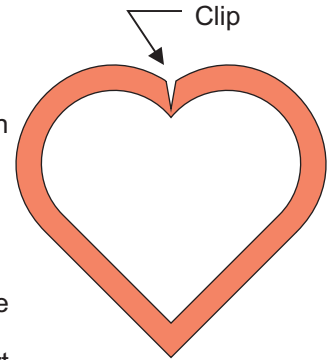
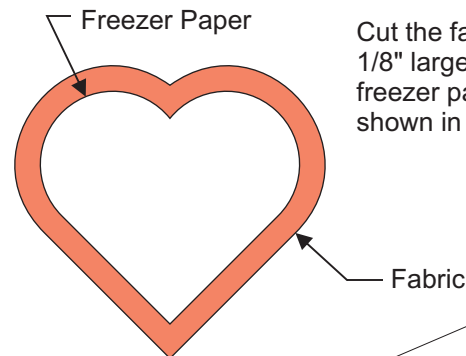
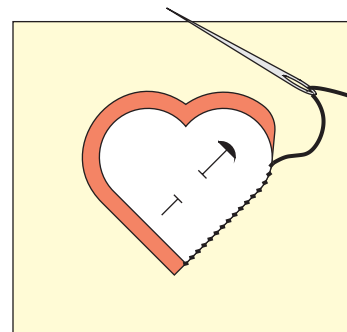


Figure 3



Cut the fabric about 1/8" larger than the freezer paper heart, as shown in Figure 2.



After you finish appliquéing the heart down, remove the freezer paper. You can use the freezer paper heart again to appliqué another heart.

Figure 4

Templates

